



# Nutrition Fact Sheet

## PRETZELS & MORE

| Serving Size                                   | Calories        | Calories From Fat | Total Fat / % Daily Value | Saturated Fat / % Daily Value | Trans Fat | Cholesterol / % Daily Value | Sodium / % Daily Value | Total Carbohydrate / % Daily Value | Dietary Fiber / % Daily Value | Sugars  | Protein | Vitamin A / % Daily Value | Vitamin C / % Daily Value | Calcium / % Daily Value | Iron / % Daily Value |     |
|--|-----------------|-------------------|---------------------------|-------------------------------|-----------|-----------------------------|------------------------|------------------------------------|-------------------------------|---------|---------|---------------------------|---------------------------|-------------------------|----------------------|-----|
| Almond Pretzel                                 | 1 (131g)        | 390               | 50                        | 6g/9%                         | 3.5g/18%  | 0g                          | 10mg/3%                | 400mg/17%                          | 74g/25%                       | 2g/8%   | 17g     | 8g                        | 2%                        | 0%                      | 2%                   | 4%  |
| Almond Pretzel no Butter                       | 1 (127g)        | 350               | 20                        | 2g/3%                         | 1g/5%     | 0g                          | 0mg/0%                 | 400mg/17%                          | 74g/25%                       | 2g/8%   | 17g     | 8g                        | 0%                        | 0%                      | 2%                   | 4%  |
| Cinnamon Sugar Party Pretzels                  | 12 (882g)       | 2940              | 620                       | 72g/111%                      | 45g/225%  | 1.5g                        | 165mg/55%              | 2460mg/102%                        | 519g/173%                     | 12g/48% | 177g    | 49g                       | 40%                       | 0%                      | 15%                  | 25% |
| Cinnamon Sugar Pretzel                         | 1 (147g)        | 470               | 100                       | 12g/18%                       | 7g/35%    | 0g                          | 25mg/8%                | 400mg/17%                          | 84g/28%                       | 2g/8%   | 29g     | 8g                        | 6%                        | 0%                      | 2%                   | 4%  |
| Cinnamon Sugar Pretzel no Butter               | 1 (136g)        | 380               | 10                        | 1g/2%                         | 0g/0%     | 0g                          | 0mg/0%                 | 400mg/17%                          | 84g/28%                       | 2g/8%   | 29g     | 8g                        | 0%                        | 0%                      | 2%                   | 4%  |
| Cinnamon Sugar Stix                            | 6 sticks (147g) | 470               | 100                       | 12g/18%                       | 7g/35%    | 0g                          | 25mg/8%                | 400mg/17%                          | 84g/28%                       | 2g/8%   | 29g     | 8g                        | 6%                        | 0%                      | 2%                   | 4%  |
| Cinnamon Sugar Stix no Butter                  | 6 sticks (136g) | 380               | 10                        | 1g/2%                         | 0g/0%     | 0g                          | 0mg/0%                 | 400mg/17%                          | 84g/28%                       | 2g/8%   | 29g     | 8g                        | 0%                        | 0%                      | 2%                   | 4%  |
| Garlic Pretzel                                 | 1 (123g)        | 350               | 45                        | 5g/8%                         | 3g/15%    | 0g                          | 10mg/3%                | 990mg/41%                          | 65g/22%                       | 2g/8%   | 10g     | 8g                        | 2%                        | 0%                      | 2%                   | 4%  |
| Garlic Pretzel no Butter                       | 1 (119g)        | 310               | 10                        | 1g/2%                         | 0g/0%     | 0g                          | 0mg/0%                 | 990mg/41%                          | 65g/22%                       | 2g/8%   | 10g     | 8g                        | 0%                        | 0%                      | 2%                   | 4%  |
| Garlic Pretzel no Butter no Salt               | 1 (118g)        | 310               | 10                        | 1g/2%                         | 0g/0%     | 0g                          | 0mg/0%                 | 400mg/17%                          | 65g/22%                       | 2g/8%   | 10g     | 8g                        | 0%                        | 0%                      | 2%                   | 4%  |
| Garlic Pretzel no Salt                         | 1 (122g)        | 350               | 45                        | 5g/8%                         | 3g/15%    | 0g                          | 10mg/3%                | 400mg/17%                          | 65g/22%                       | 2g/8%   | 10g     | 8g                        | 2%                        | 0%                      | 2%                   | 4%  |
| Jalapeño Pretzel                               | 1 (124g)        | 330               | 45                        | 5g/8%                         | 3g/15%    | 0g                          | 10mg/3%                | 1060mg/44%                         | 63g/21%                       | 2g/8%   | 9g      | 8g                        | 2%                        | 0%                      | 2%                   | 4%  |
| Jalapeño Pretzel no Butter                     | 1 (120g)        | 300               | 10                        | 1g/2%                         | 0g/0%     | 0g                          | 0mg/0%                 | 1060mg/44%                         | 63g/21%                       | 2g/8%   | 9g      | 8g                        | 0%                        | 0%                      | 2%                   | 4%  |
| Jalapeño Pretzel no Butter no Salt             | 1 (118g)        | 300               | 10                        | 1g/2%                         | 0g/0%     | 0g                          | 0mg/0%                 | 480mg/20%                          | 63g/21%                       | 2g/8%   | 9g      | 8g                        | 0%                        | 0%                      | 2%                   | 4%  |
| Jalapeño Pretzel no Salt                       | 1 (122g)        | 330               | 45                        | 5g/8%                         | 3g/15%    | 0g                          | 10mg/3%                | 480mg/20%                          | 63g/21%                       | 2g/8%   | 9g      | 8g                        | 2%                        | 0%                      | 2%                   | 4%  |
| Jumbo Pretzel Dog                              | 1 (212g)        | 610               | 260                       | 29g/45%                       | 13g/65%   | 1g*                         | 65mg/22%               | 1150mg/48%                         | 67g/22%                       | 2g/8%   | 10g     | 19g                       | 4%                        | 0%                      | 2%                   | 10% |
| Jumbo Pretzel Dog no Butter                    | 1 (208g)        | 580               | 230                       | 25g/38%                       | 10g/50%   | 1g*                         | 55mg/18%               | 1150mg/48%                         | 67g/22%                       | 2g/8%   | 10g     | 19g                       | 2%                        | 0%                      | 2%                   | 10% |
| Original Party Pretzels                        | 12 (738g)       | 2140              | 280                       | 32g/49%                       | 18g/90%   | 0.5g                        | 65mg/22%               | 6150mg/256%                        | 405g/135%                     | 12g/48% | 61g     | 49g                       | 15%                       | 0%                      | 20%                  | 25% |
| Original Pretzel                               | 1 (123g)        | 340               | 45                        | 5g/8%                         | 3g/15%    | 0g                          | 10mg/3%                | 990mg/41%                          | 65g/22%                       | 2g/8%   | 10g     | 8g                        | 2%                        | 0%                      | 2%                   | 4%  |
| Original Pretzel no Butter                     | 1 (119g)        | 310               | 10                        | 1g/2%                         | 0g/0%     | 0g                          | 0mg/0%                 | 990mg/41%                          | 65g/22%                       | 2g/8%   | 10g     | 8g                        | 0%                        | 0%                      | 2%                   | 4%  |
| Original Pretzel no Butter no Salt             | 1 (117g)        | 310               | 10                        | 1g/2%                         | 0g/0%     | 0g                          | 0mg/0%                 | 400mg/17%                          | 65g/22%                       | 2g/8%   | 10g     | 8g                        | 0%                        | 0%                      | 2%                   | 4%  |
| Original Pretzel no Salt                       | 1 (121g)        | 340               | 45                        | 5g/8%                         | 3g/15%    | 0g                          | 10mg/3%                | 400mg/17%                          | 65g/22%                       | 2g/8%   | 10g     | 8g                        | 2%                        | 0%                      | 2%                   | 4%  |
| Original Stix                                  | 6 sticks (123g) | 340               | 45                        | 5g/8%                         | 3g/15%    | 0g                          | 10mg/3%                | 990mg/41%                          | 65g/22%                       | 2g/8%   | 10g     | 8g                        | 2%                        | 0%                      | 2%                   | 4%  |
| Original Stix no Butter                        | 6 sticks (119g) | 310               | 10                        | 1g/2%                         | 0g/0%     | 0g                          | 0mg/0%                 | 990mg/41%                          | 65g/22%                       | 2g/8%   | 10g     | 8g                        | 0%                        | 0%                      | 2%                   | 4%  |
| Pepperoni Pretzel                              | 1(149g)         | 480               | 150                       | 16g/25%                       | 8g/40%    | 0g                          | 40mg/13%               | 860mg/36%                          | 65g/22%                       | 2g/8%   | 10g     | 15g                       | 2%                        | 0%                      | 10%                  | 6%  |
| Pepperoni Pretzel no butter                    | 1(145g)         | 440               | 110                       | 12g/18%                       | 5g/25%    | 0g                          | 30mg/10%               | 860mg/36%                          | 65g/22%                       | 2g/8%   | 10g     | 15g                       | 2%                        | 0%                      | 10%                  | 6%  |
| Pretzel Dog                                    | 1 (119g)        | 360               | 180                       | 20g/31%                       | 9g/45%    | .5g*                        | 45mg/15%               | 740mg/31%                          | 33g/11%                       | 1g/4%   | 5g      | 11g                       | 2%                        | 0%                      | 2%                   | 6%  |
| Pretzel Dog no Butter                          | 1 (115g)        | 320               | 140                       | 16g/25%                       | 6g/30%    | .5g*                        | 35mg/12%               | 740mg/31%                          | 33g/11%                       | 1g/4%   | 5g      | 11g                       | 2%                        | 0%                      | 2%                   | 6%  |
| Pretzel Pocket – Bacon, Egg & Cheese           | 1(214g)         | 580               | 210                       | 23g/35%                       | 10g/50%   | 0g                          | 190mg/63%              | 790mg/33%                          | 71g/24%                       | 2g/8%   | 12g     | 23g                       | 10%                       | 0%                      | 20%                  | 15% |
| Pretzel Pocket – Bacon, Egg & Cheese no Butter | 1(211g)         | 550               | 180                       | 20g/31%                       | 8g/40%    | 0g                          | 180mg/60%              | 790mg/33%                          | 71g/24%                       | 2g/8%   | 12g     | 23g                       | 8%                        | 0%                      | 20%                  | 15% |
| Pretzel Pocket – Turkey & Cheddar              | 1(205g)         | 470               | 90                        | 10g/15%                       | 5g/25%    | 0g                          | 50mg/17%               | 1050mg/44%                         | 73g/24%                       | 2g/8%   | 14g     | 20g                       | 4%                        | 0%                      | 10%                  | 15% |
| Pretzel Pocket – Turkey & Cheddar no Butter    | 1(201g)         | 440               | 60                        | 6g/9%                         | 2.5g/13%  | 0g                          | 40mg/13%               | 1050mg/44%                         | 73g/24%                       | 2g/8%   | 14g     | 20g                       | 2%                        | 0%                      | 10%                  | 15% |
| Pepperoni Pizza with Cheese Topping            | 1(204g)         | 650               | 240                       | 27g/42%                       | 12g/60%   | 0g                          | 65mg/22%               | 1120mg/47%                         | 75g/25%                       | 2g/8%   | 11g     | 25g                       | 10%                       | 0%                      | 30%                  | 4%  |
| Pepperoni Pizza with Cheese Topping no Butter  | 1(200g)         | 620               | 210                       | 24g/37%                       | 10g/50%   | 0g                          | 55mg/18%               | 1120mg/47%                         | 75g/25%                       | 2g/8%   | 11g     | 25g                       | 10%                       | 0%                      | 30%                  | 4%  |
| Raisin Pretzel                                 | 1 (127g)        | 360               | 45                        | 5g/8%                         | 3g/15%    | 0g                          | 10mg/3%                | 390mg/16%                          | 69g/23%                       | 2g/8%   | 16g     | 8g                        | 2%                        | 0%                      | 4%                   | 6%  |
| Raisin Pretzel no Butter                       | 1 (123g)        | 330               | 10                        | 1g/2%                         | 0g/0%     | 0g                          | 0mg/0%                 | 390mg/16%                          | 69g/23%                       | 2g/8%   | 16g     | 8g                        | 0%                        | 0%                      | 4%                   | 6%  |
| Sesame Pretzel                                 | 1 (132g)        | 400               | 90                        | 10g/15%                       | 3.5g/18%  | 0g                          | 10mg/3%                | 990mg/41%                          | 67g/22%                       | 3g/12%  | 10g     | 10g                       | 2%                        | 0%                      | 10%                  | 10% |
| Sesame Pretzel no Butter                       | 1 (128g)        | 360               | 50                        | 6g/9%                         | 1g/5%     | 0g                          | 0mg/0%                 | 990mg/41%                          | 67g/22%                       | 3g/12%  | 10g     | 10g                       | 0%                        | 0%                      | 10%                  | 10% |
| Sesame Pretzel no Butter no Salt               | 1 (127g)        | 360               | 50                        | 6g/9%                         | 1g/5%     | 0g                          | 0mg/0%                 | 400mg/17%                          | 67g/22%                       | 3g/12%  | 10g     | 10g                       | 0%                        | 0%                      | 10%                  | 10% |
| Sesame Pretzel no Salt                         | 1 (131g)        | 400               | 90                        | 10g/15%                       | 3.5g/18%  | 0g                          | 10mg/3%                | 400mg/17%                          | 67g/22%                       | 3g/12%  | 10g     | 10g                       | 2%                        | 0%                      | 10%                  | 10% |
| Sour Cream & Onion Pretzel                     | 1 (127g)        | 360               | 45                        | 5g/8%                         | 3g/15%    | 0g                          | 10mg/3%                | 1180mg/49%                         | 68g/23%                       | 2g/8%   | 12g     | 9g                        | 2%                        | 0%                      | 6%                   | 4%  |
| Sour Cream & Onion Pretzel no Butter           | 1 (123g)        | 330               | 15                        | 1.5g/2%                       | 0g/0%     | 0g                          | 0mg/0%                 | 1180mg/49%                         | 68g/23%                       | 2g/8%   | 12g     | 9g                        | 0%                        | 0%                      | 6%                   | 4%  |
| Sour Cream & Onion Pretzel no Butter no Salt   | 1 (122g)        | 330               | 15                        | 1.5g/2%                       | 0g/0%     | 0g                          | 0mg/0%                 | 590mg/25%                          | 68g/23%                       | 2g/8%   | 12g     | 9g                        | 0%                        | 0%                      | 6%                   | 4%  |
| Sour Cream & Onion Pretzel no Salt             | 1 (126g)        | 360               | 45                        | 5g/8%                         | 3g/15%    | 0g                          | 10mg/3%                | 590mg/25%                          | 68g/23%                       | 2g/8%   | 12g     | 9g                        | 2%                        | 0%                      | 6%                   | 4%  |

## BEVERAGES

| Serving Size                  | Calories          | Calories From Fat | Total Fat / % Daily Value | Saturated Fat / % Daily Value | Trans Fat | Cholesterol / % Daily Value | Sodium / % Daily Value | Total Carbohydrate / % Daily Value | Dietary Fiber / % Daily Value | Sugars | Protein | Vitamin A / % Daily Value | Vitamin C / % Daily Value | Calcium / % Daily Value | Iron / % Daily Value |    |
|-------------------------------|-------------------|-------------------|---------------------------|-------------------------------|-----------|-----------------------------|------------------------|------------------------------------|-------------------------------|--------|---------|---------------------------|---------------------------|-------------------------|----------------------|----|
| Blue Raspberry Dutch Ice®     | 14 fl. oz. (374g) | 170               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 45mg/2%                            | 43g/14%                       | 0g/0%  | 40g     | 0g                        | 0%                        | 0%                      | 2%                   | 0% |
| Blue Raspberry Dutch Ice®     | 20 fl. oz. (539g) | 240               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 65mg/3%                            | 62g/21%                       | 0g/0%  | 58g     | 0g                        | 0%                        | 0%                      | 2%                   | 0% |
| Blue Raspberry Dutch Smoothie | 14 fl. oz. (298g) | 280               | 90                        | 10g/15%                       | 7g/35%    | 0g                          | 40mg/13%               | 140mg/6%                           | 45g/15%                       | 0g/0%  | 42g     | 3g                        | 10%                       | 0%                      | 10%                  | 0% |
| Blue Raspberry Dutch Smoothie | 20 fl. oz. (496g) | 440               | 130                       | 15g/23%                       | 10g/50%   | 0g                          | 55mg/18%               | 210mg/9%                           | 72g/24%                       | 0g/0%  | 68g     | 5g                        | 15%                       | 0%                      | 15%                  | 0% |
| Blue Raspberry ICEE®          | 16 fl. oz. (339g) | 140               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 10mg/0%                            | 37g/12%                       | 0g/0%  | 37g     | 0g                        | 0%                        | 0%                      | 0%                   | 0% |
| Blue Raspberry ICEE®          | 21 fl. oz. (376g) | 160               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 10mg/0%                            | 41g/14%                       | 0g/0%  | 41g     | 0g                        | 0%                        | 0%                      | 0%                   | 0% |
| Blue Raspberry ICEE®          | 32 fl. oz. (553g) | 290               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 20mg/1%                            | 76g/25%                       | 0g/0%  | 76g     | 0g                        | 0%                        | 0%                      | 0%                   | 0% |
| Caramel Dutch Latte™          | 14 fl. oz. (405g) | 370               | 150                       | 17g/26%                       | 11g/55%   | 0g                          | 55mg/18%               | 170mg/7%                           | 49g/16%                       | 0g/0%  | 40g     | 4g                        | 10%                       | 0%                      | 15%                  | 0% |
| Caramel Dutch Latte™          | 20 fl. oz. (574g) | 540               | 230                       | 25g/38%                       | 17g/85%   | 0g                          | 90mg/30%               | 280mg/12%                          | 70g/23%                       | 0g/0%  | 59g     | 7g                        | 20%                       | 0%                      | 25%                  | 0% |
| Cherry Coke®                  | 16 fl. oz. (355g) | 150               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 5mg/0%                             | 40g/13%                       | 0g/0%  | 40g     | 0g                        | 0%                        | 0%                      | 0%                   | 0% |
| Cherry Coke®                  | 21 fl. oz. (473g) | 200               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 10mg/0%                            | 53g/18%                       | 0g/0%  | 53g     | 0g                        | 0%                        | 0%                      | 0%                   | 0% |
| Cherry Coke®                  | 32 fl. oz. (680g) | 280               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 10mg/0%                            | 76g/25%                       | 0g/0%  | 76g     | 0g                        | 0%                        | 0%                      | 0%                   | 0% |
| Cherry Coke®                  | 42 fl. oz. (946g) | 390               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 15mg/1%                            | 106g/35%                      | 0g/0%  | 106g    | 0g                        | 0%                        | 0%                      | 0%                   | 0% |
| Chocolate Dutch Shake         | 14 fl. oz. (288g) | 570               | 240                       | 27g/42%                       | 18g/90%   | 0g                          | 105mg/35%              | 390mg/16%                          | 75g/25%                       | 0g/0%  | 67g     | 10g                       | 25%                       | 0%                      | 30%                  | 0% |
| Chocolate Dutch Shake         | 20 fl. oz. (427g) | 850               | 370                       | 41g/63%                       | 27g/135%  | 0g                          | 155mg/52%              | 570mg/24%                          | 109g/36%                      | 0g/0%  | 99g     | 14g                       | 35%                       | 0%                      | 45%                  | 0% |
| Coca-Cola®                    | 16 fl. oz. (355g) | 140               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 15mg/1%                            | 38g/13%                       | 0g/0%  | 38g     | 0g                        | 0%                        | 0%                      | 0%                   | 0% |
| Coca-Cola®                    | 21 fl. oz. (473g) | 180               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 15mg/1%                            | 51g/17%                       | 0g/0%  | 51g     | 0g                        | 0%                        | 0%                      | 0%                   | 0% |
| Coca-Cola®                    | 32 fl. oz. (680g) | 270               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 25mg/1%                            | 74g/25%                       | 0g/0%  | 74g     | 0g                        | 0%                        | 0%                      | 0%                   | 0% |
| Coca-Cola®                    | 42 fl. oz. (946g) | 370               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 35mg/1%                            | 103g/34%                      | 0g/0%  | 103g    | 0g                        | 0%                        | 0%                      | 0%                   | 0% |
| Coca-Cola® Diet               | 16 fl. oz. (355g) | 0                 | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 5mg/0%                             | 0g/0%                         | 0g/0%  | 0g      | 0g                        | 0%                        | 0%                      | 0%                   | 0% |
| Coca-Cola® Diet               | 21 fl. oz. (473g) | 0                 | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 10mg/0%                            | 0g/0%                         | 0g/0%  | 0g      | 0g                        | 0%                        | 0%                      | 0%                   | 0% |
| Coca-Cola® Diet               | 32 fl. oz. (680g) | 5                 | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 10mg/0%                            | 0g/0%                         | 0g/0%  | 0g      | 0g                        | 0%                        | 0%                      | 0%                   | 0% |
| Coca-Cola® Diet               | 42 fl. oz. (946g) | 5                 | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 15mg/1%                            | 0g/0%                         | 0g/0%  | 0g      | 0g                        | 0%                        | 0%                      | 0%                   | 0% |
| Coca-Cola® ICEE®              | 16 oz. (339g)     | 140               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 15mg/1%                            | 39g/13%                       | 0g/0%  | 39g     | 0g                        | 0%                        | 0%                      | 0%                   | 0% |
| Coca-Cola® ICEE®              | 21 oz. (376g)     | 160               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 15mg/1%                            | 43g/14%                       | 0g/0%  | 43g     | 0g                        | 0%                        | 0%                      | 0%                   | 0% |
| Coca-Cola® ICEE®              | 32 fl. oz. (553g) | 290               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 25mg/1%                            | 80g/27%                       | 0g/0%  | 80g     | 0g                        | 0%                        | 0%                      | 0%                   | 0% |
| Coffee                        | 12 fl. oz. (295g) | 5                 | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 0mg/0%                             | 0g/0%                         | 0g/0%  | 0g      | 0g                        | 0%                        | 0%                      | 0%                   | 0% |
| Coffee                        | 16 fl. oz. (414g) | 5                 | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 0mg/0%                             | 0g/0%                         | 0g/0%  | 0g      | 0g                        | 0%                        | 0%                      | 0%                   | 0% |
| Coffee Dutch Latte™           | 14 fl. oz. (391g) | 290               | 120                       | 14g/22%                       | 9g/45%    | 0g                          | 50mg/17%               | 180mg/8%                           | 38g/13%                       | 0g/0%  | 34g     | 5g                        | 10%                       | 0%                      | 15%                  | 0% |
| Coffee Dutch Latte™           | 20 fl. oz. (560g) | 460               | 190                       | 22g/34%                       | 14g/70%   | 0g                          | 80mg/27%               | 280mg/12%                          | 59g/20%                       | 0g/0%  | 54g     | 8g                        | 20%                       | 0%                      | 25%                  | 0% |
| Coffee Dutch Shake            | 14 fl. oz. (288g) | 590               | 240                       | 27g/42%                       | 18g/90%   | 0g                          | 105mg/35%              | 350mg/15%                          | 76g/25%                       | 0g/0%  | 71g     | 10g                       | 25%                       | 0%                      | 35%                  | 0% |
| Coffee Dutch Shake            | 20 fl. oz. (427g) | 870               | 360                       | 40g/62%                       | 27g/135%  | 0g                          | 155mg/52%              | 510mg/21%                          | 111g/37%                      | 0g/0%  | 103g    | 15g                       | 35%                       | 0%                      | 50%                  | 0% |
| Diet Lemonade                 | 16 fl. oz. (355g) | 10                | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 0mg/0%                             | 3g/1%                         | 0g/0%  | 0g      | 0g                        | 0%                        | 20%                     | 0%                   | 0% |
| Diet Lemonade                 | 21 fl. oz. (473g) | 15                | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 0mg/0%                             | 4g/1%                         | 1g/4%  | 0g      |                           |                           |                         |                      |    |



# Nutrition Fact Sheet

## BEVERAGES (CONT'D)

| Serving Size                      | Calories           | Calories From Fat | Total Fat / % Daily Value | Saturated Fat / % Daily Value | Trans Fat | Cholesterol / % Daily Value | Sodium / % Daily Value | Total Carbohydrate / % Daily Value | Dietary Fiber / % Daily Value | Sugars | Protein | Vitamin A / % Daily Value | Vitamin C / % Daily Value | Calcium / % Daily Value | Iron / % Daily Value |
|-----------------------------------|--------------------|-------------------|---------------------------|-------------------------------|-----------|-----------------------------|------------------------|------------------------------------|-------------------------------|--------|---------|---------------------------|---------------------------|-------------------------|----------------------|
| Gold Peak® Un-Sweetened Black Tea | 16 fl. oz. (355g)  | 0                 | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 15mg/1%                            | 0g/0%                         | 0g/0%  | 0g      | 0%                        | 0%                        | 0%                      | 0%                   |
| Gold Peak® Un-Sweetened Black Tea | 21 fl. oz. (473g)  | 0                 | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 20mg/1%                            | 0g/0%                         | 0g/0%  | 0g      | 0%                        | 0%                        | 0%                      | 0%                   |
| Gold Peak® Un-Sweetened Black Tea | 32 fl. oz. (680g)  | 0                 | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 25mg/1%                            | 0g/0%                         | 0g/0%  | 0g      | 0%                        | 0%                        | 0%                      | 0%                   |
| Gold Peak® Un-Sweetened Black Tea | 42 fl. oz. (946g)  | 0                 | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 35mg/1%                            | 0g/0%                         | 0g/0%  | 0g      | 0%                        | 0%                        | 0%                      | 0%                   |
| Hi-C® Fruit Punch                 | 16 fl. oz. (355g)  | 150               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 200mg/8%                           | 39g/13%                       | 0g/0%  | 39g     | 0%                        | 220%                      | 0%                      | 0%                   |
| Hi-C® Fruit Punch                 | 21 fl. oz. (473g)  | 200               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 270mg/11%                          | 52g/17%                       | 0g/0%  | 52g     | 0%                        | 300%                      | 0%                      | 0%                   |
| Hi-C® Fruit Punch                 | 32 fl. oz. (680g)  | 280               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 390mg/16%                          | 75g/25%                       | 0g/0%  | 75g     | 0%                        | 430%                      | 0%                      | 0%                   |
| Hi-C® Fruit Punch                 | 42 fl. oz. (946g)  | 390               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 540mg/23%                          | 104g/35%                      | 0g/0%  | 104g    | 0%                        | 600%                      | 0%                      | 0%                   |
| Hot Tea                           | 12 fl. oz. (295g)  | 5                 | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 10mg/0%                            | 1g/0%                         | 0g/0%  | 0g      | 0%                        | 0%                        | 0%                      | 0%                   |
| Hot Tea                           | 16 fl. oz. (414g)  | 5                 | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 10mg/0%                            | 1g/0%                         | 0g/0%  | 0g      | 0%                        | 0%                        | 0%                      | 0%                   |
| Kiwi-Banana Dutch Ice®            | 14 fl. oz. (374g)  | 150               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 30mg/1%                            | 37g/12%                       | 0g/0%  | 33g     | 0%                        | 4%                        | 2%                      | 0%                   |
| Kiwi-Banana Dutch Ice®            | 20 fl. oz. (539g)  | 220               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 45mg/2%                            | 53g/18%                       | 0g/0%  | 47g     | 0%                        | 4%                        | 2%                      | 0%                   |
| Kiwi-Banana Dutch Smoothie        | 14 fl. oz. (298g)  | 270               | 90                        | 10g/15%                       | 7g/35%    | 0g                          | 40mg/13%               | 130mg/5%                           | 41g/14%                       | 0g/0%  | 38g     | 3g                        | 10%                       | 2%                      | 10%                  |
| Kiwi-Banana Dutch Smoothie        | 20 fl. oz. (496g)  | 420               | 130                       | 15g/23%                       | 10g/50%   | 0g                          | 55mg/18%               | 190mg/8%                           | 66g/22%                       | 0g/0%  | 60g     | 5g                        | 15%                       | 2%                      | 15%                  |
| Lemonade                          | 16 fl. oz. (355g)  | 200               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 10mg/0%                            | 50g/17%                       | 0g/0%  | 47g     | 0%                        | 15%                       | 0%                      | 0%                   |
| Lemonade                          | 21 fl. oz. (473g)  | 260               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 15mg/1%                            | 66g/22%                       | 0g/0%  | 62g     | 0%                        | 25%                       | 2%                      | 0%                   |
| Lemonade                          | 32 fl. oz. (680g)  | 370               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 20mg/1%                            | 95g/32%                       | 0g/0%  | 89g     | 0%                        | 35%                       | 2%                      | 0%                   |
| Lemonade                          | 42 fl. oz. (946g)  | 520               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 30mg/1%                            | 132g/44%                      | 0g/0%  | 124g    | 0%                        | 45%                       | 2%                      | 0%                   |
| Lemonade Dutch Ice®               | 14 fl. oz. (374g)  | 210               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 20mg/1%                            | 53g/18%                       | 0g/0%  | 49g     | 0%                        | 20%                       | 0%                      | 0%                   |
| Lemonade Dutch Ice®               | 20 fl. oz. (539g)  | 300               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 30mg/1%                            | 76g/25%                       | 0g/0%  | 71g     | 0%                        | 25%                       | 2%                      | 0%                   |
| Lemonade Dutch Smoothie           | 14 fl. oz. (298g)  | 300               | 90                        | 10g/15%                       | 7g/35%    | 0g                          | 40mg/13%               | 120mg/5%                           | 50g/17%                       | 0g/0%  | 47g     | 3g                        | 10%                       | 10%                     | 10%                  |
| Lemonade Dutch Smoothie           | 20 fl. oz. (496g)  | 470               | 130                       | 15g/23%                       | 10g/50%   | 0g                          | 55mg/18%               | 170mg/7%                           | 81g/27%                       | 0g/0%  | 76g     | 5g                        | 15%                       | 15%                     | 15%                  |
| Lemonade Mixer - Blue Raspberry   | 16 fl. oz. (378g)  | 240               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 20mg/1%                            | 60g/20%                       | 0g/0%  | 56g     | 0%                        | 15%                       | 0%                      | 0%                   |
| Lemonade Mixer - Blue Raspberry   | 20 fl. oz. (479g)  | 310               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 25mg/1%                            | 78g/26%                       | 0g/0%  | 73g     | 0%                        | 20%                       | 2%                      | 0%                   |
| Lemonade Mixer - Blue Raspberry   | 32 fl. oz. (725g)  | 450               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 35mg/1%                            | 116g/39%                      | 0g/0%  | 108g    | 0%                        | 35%                       | 2%                      | 0%                   |
| Lemonade Mixer - Blue Raspberry   | 42 fl. oz. (1011g) | 640               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 50mg/2%                            | 162g/54%                      | 0g/0%  | 152g    | 0%                        | 45%                       | 2%                      | 0%                   |
| Lemonade Mixer - Kiwi Banana      | 16 fl. oz. (378g)  | 230               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 15mg/1%                            | 58g/19%                       | 0g/0%  | 55g     | 0%                        | 20%                       | 0%                      | 0%                   |
| Lemonade Mixer - Kiwi Banana      | 20 fl. oz. (479g)  | 300               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 20mg/1%                            | 76g/25%                       | 0g/0%  | 70g     | 0%                        | 25%                       | 2%                      | 0%                   |
| Lemonade Mixer - Kiwi Banana      | 32 fl. oz. (725g)  | 450               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 30mg/1%                            | 112g/37%                      | 0g/0%  | 105g    | 0%                        | 35%                       | 2%                      | 0%                   |
| Lemonade Mixer - Kiwi Banana      | 42 fl. oz. (1011g) | 620               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 40mg/2%                            | 157g/52%                      | 0g/0%  | 147g    | 0%                        | 50%                       | 2%                      | 0%                   |
| Lemonade Mixer - Strawberry       | 16 fl. oz. (378g)  | 230               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 15mg/1%                            | 59g/20%                       | 0g/0%  | 56g     | 0%                        | 20%                       | 0%                      | 0%                   |
| Lemonade Mixer - Strawberry       | 20 fl. oz. (479g)  | 300               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 20mg/1%                            | 77g/26%                       | 0g/0%  | 72g     | 0%                        | 25%                       | 2%                      | 0%                   |
| Lemonade Mixer - Strawberry       | 32 fl. oz. (725g)  | 450               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 30mg/1%                            | 114g/38%                      | 0g/0%  | 107g    | 0%                        | 35%                       | 2%                      | 0%                   |
| Lemonade Mixer - Strawberry       | 42 fl. oz. (1011g) | 630               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 45mg/2%                            | 160g/53%                      | 0g/0%  | 150g    | 0%                        | 50%                       | 2%                      | 0%                   |
| Lemonade Mixer - Watermelon       | 16 fl. oz. (378g)  | 240               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 15mg/1%                            | 61g/20%                       | 0g/0%  | 57g     | 0%                        | 15%                       | 0%                      | 0%                   |
| Lemonade Mixer - Watermelon       | 20 fl. oz. (479g)  | 310               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 20mg/1%                            | 79g/26%                       | 0g/0%  | 74g     | 0%                        | 20%                       | 2%                      | 0%                   |
| Lemonade Mixer - Watermelon       | 32 fl. oz. (725g)  | 460               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 30mg/1%                            | 117g/39%                      | 0g/0%  | 110g    | 0%                        | 35%                       | 2%                      | 0%                   |
| Lemonade Mixer - Watermelon       | 42 fl. oz. (1011g) | 650               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 40mg/2%                            | 164g/55%                      | 0g/0%  | 154g    | 0%                        | 45%                       | 2%                      | 0%                   |
| Lemonade Mixer - Wild Cherry      | 16 fl. oz. (378g)  | 240               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 15mg/1%                            | 61g/20%                       | 0g/0%  | 57g     | 0%                        | 15%                       | 0%                      | 0%                   |
| Lemonade Mixer - Wild Cherry      | 20 fl. oz. (479g)  | 320               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 20mg/1%                            | 80g/27%                       | 0g/0%  | 75g     | 0%                        | 20%                       | 2%                      | 0%                   |
| Lemonade Mixer - Wild Cherry      | 32 fl. oz. (725g)  | 470               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 30mg/1%                            | 118g/39%                      | 0g/0%  | 110g    | 0%                        | 35%                       | 2%                      | 0%                   |
| Lemonade Mixer - Wild Cherry      | 42 fl. oz. (1011g) | 660               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 40mg/2%                            | 165g/55%                      | 0g/0%  | 155g    | 0%                        | 45%                       | 2%                      | 0%                   |
| Mocha Dutch Ice®                  | 14 fl. oz. (374g)  | 270               | 70                        | 8g/12%                        | 7g/35%    | 0g                          | 0mg/0%                 | 85mg/4%                            | 50g/17%                       | 1g/4%  | 37g     | 1g                        | 0%                        | 0%                      | 10%                  |
| Mocha Dutch Ice®                  | 20 fl. oz. (539g)  | 390               | 110                       | 12g/18%                       | 11g/55%   | 0g                          | 0mg/0%                 | 125mg/5%                           | 73g/24%                       | 2g/8%  | 53g     | 2g                        | 0%                        | 0%                      | 15%                  |
| Mocha Dutch Latte®                | 14 fl. oz. (405g)  | 360               | 150                       | 17g/26%                       | 11g/45%   | 1g                          | 55mg/18%               | 160mg/7%                           | 47g/16%                       | 0g/0%  | 38g     | 4g                        | 10%                       | 0%                      | 15%                  |
| Mocha Dutch Latte®                | 20 fl. oz. (574g)  | 530               | 230                       | 25g/38%                       | 16g/80%   | 1g                          | 85mg/28%               | 250mg/10%                          | 68g/23%                       | 0g/0%  | 57g     | 7g                        | 20%                       | 0%                      | 25%                  |
| Mocha Dutch Smoothie              | 14 fl. oz. (298g)  | 340               | 130                       | 15g/23%                       | 11g/55%   | 0g                          | 40mg/13%               | 160mg/7%                           | 49g/16%                       | 1g/4%  | 40g     | 4g                        | 10%                       | 0%                      | 15%                  |

## BEVERAGES (CONT'D)

| Serving Size                 | Calories            | Calories From Fat | Total Fat / % Daily Value | Saturated Fat / % Daily Value | Trans Fat | Cholesterol / % Daily Value | Sodium / % Daily Value | Total Carbohydrate / % Daily Value | Dietary Fiber / % Daily Value | Sugars | Protein | Vitamin A / % Daily Value | Vitamin C / % Daily Value | Calcium / % Daily Value | Iron / % Daily Value |
|------------------------------|---------------------|-------------------|---------------------------|-------------------------------|-----------|-----------------------------|------------------------|------------------------------------|-------------------------------|--------|---------|---------------------------|---------------------------|-------------------------|----------------------|
| Mocha Dutch Smoothie         | 20 fl. oz. (496g)   | 540               | 200                       | 22g/34%                       | 17g/85%   | 0g                          | 55mg/18%               | 250mg/10%                          | 79g/26%                       | 1g/4%  | 64g     | 6g                        | 15%                       | 0%                      | 25%                  |
| Nestle® Iced Tea             | 16 fl. oz. (355g)   | 130               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 75mg/3%                            | 32g/11%                       | 0g/0%  | 32g     | 0g                        | 0%                        | 0%                      | 2%                   |
| Nestle® Iced Tea             | 21 fl. oz. (473g)   | 170               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 100mg/4%                           | 43g/14%                       | 0g/0%  | 43g     | 0g                        | 0%                        | 0%                      | 2%                   |
| Nestle® Iced Tea             | 32 fl. oz. (680g)   | 240               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 140mg/6%                           | 62g/21%                       | 0g/0%  | 62g     | 0g                        | 0%                        | 0%                      | 2%                   |
| Nestle® Iced Tea             | 42 fl. oz. (946g)   | 340               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 200mg/8%                           | 86g/29%                       | 0g/0%  | 86g     | 0g                        | 0%                        | 0%                      | 2%                   |
| Nestle® Raspberry Iced Tea   | 16 fl. oz. (355g)   | 150               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 5mg/0%                             | 36g/12%                       | 0g/0%  | 36g     | 0g                        | 0%                        | 0%                      | 0%                   |
| Nestle® Raspberry Iced Tea   | 21 fl. oz. (473g)   | 200               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 10mg/0%                            | 47g/16%                       | 0g/0%  | 47g     | 0g                        | 0%                        | 0%                      | 0%                   |
| Nestle® Raspberry Iced Tea   | 32 fl. oz. (680g)   | 290               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 15mg/1%                            | 68g/23%                       | 0g/0%  | 68g     | 0g                        | 0%                        | 0%                      | 0%                   |
| Nestle® Raspberry Iced Tea   | 42 fl. oz. (946g)   | 400               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 20mg/1%                            | 95g/32%                       | 0g/0%  | 95g     | 0g                        | 0%                        | 0%                      | 0%                   |
| Nestlé® Hot Cocoa            | 1 Packet (20g)      | 80                | 25                        | 3g/5%                         | 2g/10%    | 0g                          | 0mg/0%                 | 170mg/7%                           | 15g/5%                        | 1g/4%  | 12g     | 1g                        | 0%                        | 0%                      | 2%                   |
| Orange Fanta®                | 16 fl. oz. (355g)   | 170               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 15mg/1%                            | 45g/15%                       | 0g/0%  | 45g     | 0g                        | 0%                        | 0%                      | 0%                   |
| Orange Fanta®                | 21 fl. oz. (473g)   | 220               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 15mg/1%                            | 60g/20%                       | 0g/0%  | 60g     | 0g                        | 0%                        | 0%                      | 0%                   |
| Orange Fanta®                | 32 fl. oz. (680g)   | 320               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 25mg/1%                            | 87g/29%                       | 0g/0%  | 87g     | 0g                        | 0%                        | 0%                      | 0%                   |
| Orange Fanta®                | 42 fl. oz. (946g)   | 440               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 35mg/1%                            | 120g/40%                      | 0g/0%  | 120g    | 0g                        | 0%                        | 0%                      | 0%                   |
| Piña Colada Dutch Ice®       | 14 fl. oz. (374g)   | 210               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 30mg/1%                            | 51g/17%                       | 0g/0%  | 48g     | 0g                        | 0%                        | 15%                     | 2%                   |
| Piña Colada Dutch Ice®       | 20 fl. oz. (539g)   | 300               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 45mg/2%                            | 73g/24%                       | 0g/0%  | 69g     | 0g                        | 0%                        | 20%                     | 2%                   |
| Piña Colada Dutch Smoothie   | 14 fl. oz. (298g)   | 300               | 90                        | 10g/15%                       | 7g/35%    | 0g                          | 40mg/13%               | 130mg/5%                           | 49g/16%                       | 0g/0%  | 46g     | 3g                        | 10%                       | 8%                      | 10%                  |
| Piña Colada Dutch Smoothie   | 20 fl. oz. (496g)   | 470               | 130                       | 15g/23%                       | 10g/50%   | 0g                          | 55mg/18%               | 190mg/8%                           | 79g/26%                       | 0g/0%  | 75g     | 5g                        | 15%                       | 15%                     | 20%                  |
| Poland Spring® Bottled Water | 16.9 fl. oz. (501g) | 0                 | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 5mg/0%                             | 0g/0%                         | 0g/0%  | 0g      | 0g                        | 0%                        | 0%                      | 0%                   |
| Root Beer                    | 16 fl. oz. (355g)   | 160               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 35mg/1%                            | 42g/14%                       | 0g/0%  | 42g     | 0g                        | 0%                        | 0%                      | 0%                   |
| Root Beer                    | 21 fl. oz. (473g)   | 210               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 45mg/2%                            | 57g/19%                       | 0g/0%  | 57g     | 0g                        | 0%                        | 0%                      | 0%                   |
| Root Beer                    | 32 fl. oz. (680g)   | 300               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 60mg/3%                            | 81g/27%                       | 0g/0%  | 81g     | 0g                        | 0%                        | 0%                      | 0%                   |
| Root Beer                    | 42 fl. oz. (946g)   | 420               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 95mg/4%                            | 113g/38%                      | 0g/0%  | 113g    | 0g                        | 0%                        | 0%                      | 0%                   |
| Sprite®                      | 16 fl. oz. (355g)   | 140               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 30mg/1%                            | 36g/12%                       | 0g/0%  | 32g     | 0g                        | 0%                        | 0%                      | 2%                   |
| Sprite®                      | 21 fl. oz. (473g)   | 190               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 45mg/2%                            | 48g/16%                       | 0g/0%  | 42g     | 0g                        | 0%                        | 0%                      | 2%                   |
| Sprite®                      | 32 fl. oz. (680g)   | 270               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 60mg/3%                            | 69g/23%                       | 0g/0%  | 61g     | 0g                        | 0%                        | 0%                      | 2%                   |
| Sprite®                      | 42 fl. oz. (946g)   | 380               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 85mg/4%                            | 96g/32%                       | 0g/0%  | 85g     | 0g                        | 0%                        | 0%                      | 2%                   |
| Strawberry Dutch Ice®        | 14 fl. oz. (374g)   | 160               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 35mg/1%                            | 40g/13%                       | 0g/0%  | 37g     | 0g                        | 0%                        | 4%                      | 2%                   |
| Strawberry Dutch Ice®        | 20 fl. oz. (539g)   | 230               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 50mg/2%                            | 58g/19%                       | 0g/0%  | 54g     | 0g                        | 0%                        | 6%                      | 2%                   |
| Strawberry Dutch Shake       | 14 fl. oz. (288g)   | 600               | 240                       | 27g/42%                       | 18g/90%   | 0g                          | 105mg/35%              | 300mg/13%                          | 79g/26%                       | 0g/0%  | 73g     | 9g                        | 25%                       | 0%                      | 30%                  |
| Strawberry Dutch Shake       | 20 fl. oz. (427g)   | 880               | 360                       | 40g/62%                       | 27g/135%  | 0g                          | 155mg/52%              | 450mg/19%                          | 114g/38%                      | 0g/0%  | 106g    | 14g                       | 35%                       | 0%                      | 45%                  |
| Strawberry Dutch Smoothie    | 14 fl. oz. (298g)   | 280               | 90                        | 10g/15%                       | 7g/35%    | 0g                          | 40mg/13%               | 135mg/6%                           | 43g/14%                       | 0g/0%  | 40g     | 3g                        | 10%                       | 2%                      | 10%                  |
| Strawberry Dutch Smoothie    | 20 fl. oz. (496g)   | 430               | 130                       | 15g/23%                       | 10g/50%   | 0g                          | 55mg/18%               | 200mg/8%                           | 69g/23%                       | 0g/0%  | 65g     | 5g                        | 15%                       | 4%                      | 15%                  |
| Strawberry Lemonade          | 16 fl. oz. (355g)   | 210               | 0                         | 0g/0%                         | 0g/0%     | 0g                          | 0mg/0%                 | 15mg/1%                            | 54g/18%                       | 0g/0%  | 51g     | 0g                        | 0%                        | 15%                     | 0%                   |
| Strawberry Lemonade          | 21 fl. oz. (473g)   | 290               | 0                         | 0g/0%                         |           |                             |                        |                                    |                               |        |         |                           |                           |                         |                      |



# Nutrition Fact Sheet

## BEVERAGES (CONT'D)

|                          | Serving Size      | Calories | Calories From Fat | Total Fat / % Daily Value | Saturated Fat / % Daily Value | Trans Fat | Cholesterol / % Daily Value | Sodium / % Daily Value | Total Carbohydrate / % Daily Value | Dietary Fiber / % Daily Value | Sugars | Protein | Vitamin A / % Daily Value | Vitamin C / % Daily Value | Calcium / % Daily Value | Iron / % Daily Value |
|--------------------------|-------------------|----------|-------------------|---------------------------|-------------------------------|-----------|-----------------------------|------------------------|------------------------------------|-------------------------------|--------|---------|---------------------------|---------------------------|-------------------------|----------------------|
| <b>Wild Cherry ICEE®</b> | 16 fl. oz. (339g) | 140      | 0                 | 0g/0%                     | 0g/0%                         | 0g        | 0mg/0%                      | 10mg/0%                | 39g/13%                            | 0g/0%                         | 39g    | 0g      | 0%                        | 0%                        | 0%                      | 0%                   |
| <b>Wild Cherry ICEE®</b> | 21 fl. oz. (376g) | 160      | 0                 | 0g/0%                     | 0g/0%                         | 0g        | 0mg/0%                      | 10mg/0%                | 43g/14%                            | 0g/0%                         | 43g    | 0g      | 0%                        | 0%                        | 0%                      | 0%                   |
| <b>Wild Cherry ICEE®</b> | 32 fl. oz. (553g) | 290      | 0                 | 0g/0%                     | 0g/0%                         | 0g        | 0mg/0%                      | 20mg/1%                | 80g/27%                            | 0g/0%                         | 80g    | 0g      | 0%                        | 0%                        | 0%                      | 0%                   |

## DIPPING SAUCES

|                              | Serving Size   | Calories | Calories From Fat | Total Fat / % Daily Value | Saturated Fat / % Daily Value | Trans Fat | Cholesterol / % Daily Value | Sodium / % Daily Value | Total Carbohydrate / % Daily Value | Dietary Fiber / % Daily Value | Sugars | Protein | Vitamin A / % Daily Value | Vitamin C / % Daily Value | Calcium / % Daily Value | Iron / % Daily Value |
|------------------------------|----------------|----------|-------------------|---------------------------|-------------------------------|-----------|-----------------------------|------------------------|------------------------------------|-------------------------------|--------|---------|---------------------------|---------------------------|-------------------------|----------------------|
| <b>Cream Cheese</b>          | 1.25 oz. (35g) | 80       | 50                | 6g/9%                     | 4.5g/23%                      | 0g        | 20mg/7%                     | 120mg/5%               | 1g/0%                              | 0g/0%                         | 0g     | 3g      | 6%                        | 0%                        | 2%                      | 0%                   |
| <b>Caramel Dip</b>           | 1.5 oz. (40g)  | 130      | 25                | 3g/5%                     | 1.5g/8%                       | 0g        | 5mg/2%                      | 95mg/4%                | 23g/8%                             | 0g/0%                         | 19g    | 1g      | 0%                        | 0%                        | 2%                      | 0%                   |
| <b>Cheese Sauce</b>          | 1.1 oz. (31g)  | 90       | 60                | 7g/11%                    | 3g/15%                        | 0g        | 10mg/3%                     | 470mg/20%              | 3g/1%                              | 0g/0%                         | 2g     | 3g      | 2%                        | 0%                        | 10%                     | 0%                   |
| <b>Cheese Sauce</b>          | 1.4 oz. (40g)  | 100      | 80                | 8g/12%                    | 3g/15%                        | 0g        | 15mg/5%                     | 470mg/20%              | 2g/1%                              | 0g/0%                         | 0g     | 3g      | 2%                        | 0%                        | 10%                     | 0%                   |
| <b>Heated Marinara Sauce</b> | 2 oz. (60g)    | 20       | 5                 | 0.5g/1%                   | 0g/0%                         | 0g        | 0mg/0%                      | 330mg/14%              | 5g/2%                              | 2g/8%                         | 4g     | 1g      | 10%                       | 6%                        | 2%                      | 2%                   |
| <b>Hot Salsa Cheese</b>      | 1.1 oz. (31g)  | 90       | 60                | 7g/11%                    | 3g/15%                        | 0g        | 5mg/2%                      | 450mg/19%              | 4g/1%                              | 0g/0%                         | 3g     | 2g      | 2%                        | 0%                        | 8%                      | 0%                   |
| <b>Hot Salsa Cheese</b>      | 1.4 oz. (40g)  | 110      | 80                | 8g/12%                    | 3.5g/18%                      | 0g        | 15mg/5%                     | 450mg/19%              | 4g/1%                              | 0g/0%                         | 0g     | 4g      | 2%                        | 0%                        | 8%                      | 0%                   |
| <b>Marinara Sauce</b>        | 2 oz. (57g)    | 45       | 10                | 1g/2%                     | 0g/0%                         | 0g        | 0mg/0%                      | 240mg/10%              | 7g/2%                              | 2g/8%                         | 4g     | 1g      | 6%                        | 30%                       | 2%                      | 4%                   |
| <b>Melted Cheese Dip</b>     | 2 oz. (60g)    | 80       | 50                | 6g/9%                     | 1g/5%                         | 2g        | 0mg/0%                      | 580mg/24%              | 7g/2%                              | 0g/0%                         | 2g     | 1g      | 0%                        | 0%                        | 6%                      | 0%                   |
| <b>Melted Cheese Dip</b>     | 2 oz. (55g)    | 150      | 100               | 12g/18%                   | 3g/15%                        | 0g        | 20mg/7%                     | 850mg/35%              | 6g/2%                              | 0g/0%                         | 4g     | 5g      | 2%                        | 0%                        | 15%                     | 0%                   |
| <b>Sweet Dip</b>             | 1.4 oz. (40g)  | 130      | 0                 | 0g/0%                     | 0g/0%                         | 0g        | 0mg/0%                      | 0mg/0%                 | 32g/11%                            | 0g/0%                         | 32g    | 0g      | 0%                        | 0%                        | 0%                      | 0%                   |
| <b>Sweet Mustard</b>         | 1.25 oz. (35g) | 60       | 20                | 2g/3%                     | 1g/5%                         | 0g        | 35mg/12%                    | 0mg/0%                 | 10g/3%                             | 0g/0%                         | 9g     | 2g      | 0%                        | 0%                        | 0%                      | 0%                   |

**King County, WA Residents:** The Dietary Guidelines for Americans recommend limiting saturated fat to 20 grams and sodium to 2,300 milligrams for a typical adult eating 2,000 calories daily. Recommended limits may be higher or lower depending upon daily calorie consumption.

**CA Residents:** Recommended limits for a 2,000 calorie daily diet are 20 grams of saturated fat and 2,300 milligrams of sodium.

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\* Naturally occurring trans fat.

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